



Individual Registration Form

Friday, June 15th (Happy Hour Heat, 21+) and **Saturday, June 16th** (Saturday Scramble, ages 8+)

Individual Registration Costs	
Happy Hour Heat (6/15, 7pm, 21+) <ul style="list-style-type: none"> February 1st to February 28th - \$30 March 1st to April 30th - \$35 May 1st to May 31st - \$40 June 1st to June 12th - \$45 	Saturday Scramble (6/16, 9am & 11:30am, all ages) <ul style="list-style-type: none"> February 1st to February 28th - \$25 March 1st to April 30th - \$30 May 1st to May 31st - \$35 June 1st to June 12th - \$40 <p>Participants age 8-16 are \$25 throughout registration</p>

Checks can be made out to:

East Shore YMCA
 Attn: Tom Gifford
 701 North Front St
 Harrisburg, PA 17101

All paper registration forms must be received with payment by Monday, June 11th by 5pm

Please Select a Heat Time (*there is a limit to 250 people per heat*):

FRIDAY (Happy Hour Heat, 21+) – **7pm** _____

SATURDAY (Saturday Scramble) – **9am** _____ **11:30am** _____

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

T-Shirt Size: **circle one** - S M L XL XXL

Email: _____

Gender _____

D.O.B.(mm/dd/yy) _____

Please print neatly to ensure we have the correct spelling for your information

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

Signature: _____ Date: _____

Parent's Signature (If younger than 18): _____