



**Individual Registration Form**

**Friday, June 16<sup>th</sup>** (Happy Hour Heat, 21+) and **Saturday, June 17<sup>th</sup>** (Saturday Scramble, ages 8+)

Individual Registration Costs	
<b>Happy Hour Heat (6/16, 7pm, 21+)</b> <ul style="list-style-type: none"> <li>February 10<sup>th</sup> to March 30<sup>th</sup> - \$35</li> <li>April 1<sup>st</sup> to April 30 - \$40</li> <li>May 1<sup>st</sup> to June 14<sup>th</sup> - \$45</li> </ul>	<b>Saturday Scramble (6/17, 9am &amp; 11:30am, all ages)</b> <ul style="list-style-type: none"> <li>February 10<sup>th</sup> to March 30<sup>th</sup> - \$30</li> <li>April 1<sup>st</sup> to April 30<sup>th</sup> - \$35</li> <li>May 1<sup>st</sup> to June 14<sup>th</sup> - \$40</li> </ul> <p>Participants age 8-16 are \$25 throughout registration</p>

Checks can be made out to:

East Shore YMCA  
 Attn: Tom Gifford  
 701 North Front St  
 Harrisburg, PA 17101

**Must be received by Wednesday, June 14<sup>th</sup>**

Please Select a Heat Time (there is a limit to 300 people per heat):

FRIDAY (Happy Hour Heat, 21+) – 7pm \_\_\_\_\_

SATURDAY (Saturday Scramble) – 9am \_\_\_\_\_ 11:30am \_\_\_\_\_

For more information visit [www.YMCARun.com](http://www.YMCARun.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

T-Shirt Size: circle one - S M L XL XXL

Email: \_\_\_\_\_

Gender \_\_\_\_\_

D.O.B. (mm/dd/yy) \_\_\_\_\_

*Please print neatly to ensure we have the correct spelling for your information*

Waiver: In consideration of the acceptance of this entry, I waive all claims for myself, my heirs and assigns against the sponsors, cooperating and coordinating groups and any individuals associated with the event and will hold them harmless for any and all injuries which may result from my participation. I further state that I am in proper physical condition to participate in this race. I also hereby give my permission to the media to use my name and/or picture in any newspaper, broadcast, telecast or any other account of this event without limitation and without any obligation of anyone to compensate me further. I have read, understood and accept the waiver and release above. My submission of this form shall act as my legal signature. I certify that I am eighteen (18) years of age or older. If registering a child under eighteen (18) years of age, I certify that I am the parent or legal guardian of such child.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature (If younger than 18): \_\_\_\_\_